



New Vista Career Academy protocols

Procedures and Guidelines

Subject to change as updated health guidelines are released (Updated 2.27.2023)

These guidelines will be revised and updated when new data and health guidance from our state and local health agencies emerge. The novel coronavirus, COVID-19, is a highly infectious, life-threatening disease declared by the World Health Organization to be a global pandemic. New Vista Career Academy has implemented safety guidelines and precautions in order to mitigate the spread of COVID-19. Please review the following guidelines to help ensure we are doing all that we can do to keep our community safe and healthy.

Federal, State, County, and City authorities have set forth guidelines for policies, procedures, and practices to be implemented in efforts to mitigate and slow the spread of the novel virus which causes COVID-19. This severe respiratory disease that can be fatal, especially in vulnerable populations. In response, New Vista School will adhere to the policies described below as we are committed to providing essential care for our students.

Face Masks:

Currently not required, but highly recommended (3.12.22)

“Face covering” means a surgical mask, a medical procedure mask, a respirator worn voluntarily, or a tightly woven fabric or non-woven material of at least two layers (i.e., fabrics that do not let light pass through when held up to a light source) that completely covers the nose and mouth and is secured to the head with ties, ear loops, or elastic bands that go behind the head. **A face covering does not include a scarf, ski mask, balaclava, bandana, turtleneck, collar, or single layer of fabric.**

Know which Masks Provide the Best Protection Against COVID-19:

Least Effective	Effective	More Effective	Most Effective
<ul style="list-style-type: none"> Fabric mask with three or more cloth layers 	<ul style="list-style-type: none"> Surgical Mask 	<ul style="list-style-type: none"> KF94 KN95 Double Mask Fitted Surgical Mask 	<ul style="list-style-type: none"> N95 (also best for wildfire smoke)



NVCA Visitation:

- Parents and other visitors should schedule on campus appointments.
- Please email general questions to Nick Roach: nroach@newvistaschool.org

At Home:

- **Check your Participant!** Please complete health and temperature checks at home. Do not send a participant to the program who appears to have a fever or is ill. Your participant will be sent home and may require a doctor's note to return.
- Please ensure your student is healthy, showered, and ready for the program.
- Please provide a face mask for your student, as well as one back up for them to keep in their binders or lockers. A KN95 or N95 mask is recommended. A cloth facial covering or surgical mask may be used if preferred. Masks & Covid test kits are also available on site.
- Be sure your participant understands social distancing, appropriate handwashing.
- Take your participant's temperature before arriving at school. Temperatures should be 100.4 or lower.

Arriving at the program:

- **Currently not required, but highly recommended (3.12.22)** Participants are required to wear a face mask during drop off.
- **Currently not required, but highly recommended (3.12.22)** Staff is required to wear a face mask during morning drop off.
- If your participant arrives by private transportation and needs to be sent home, they will be placed in a protected area until a parent or guardian can pick them up. Please ensure someone is available for pick-up within one hour.

Pick Up:

- **Currently not required, but highly recommended (3.12.22)** Participant's and staff are required to wear a face mask during pick-up.

Covid Exposure at the program site: Close Contacts – (No Quarantine) / Everyone regardless of vaccination status

- Test within 3–5 days after last exposure.
- Per CDPH masking guidance, close contacts should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings and when near those at higher risk for severe COVID-19 disease (see masking section below for additional information).
- Strongly encouraged to get vaccinated or boosted.
- If symptoms develop, test, and stay home (see earlier section on symptomatic persons), AND



- If test result is positive, follow isolation recommendations below

"Close Contact" means the following:

- In indoor spaces of 400,000 or fewer cubic feet per floor (such as homes, clinic waiting rooms, airplanes, etc.), close contact is defined as sharing the same indoor airspace for a cumulative total of 15 minutes or more over a 24-hour period (for example, three individual 5-minute exposures for a total of 15 minutes) during an infected person's (confirmed by COVID-19 test or clinical diagnosis) infectious period.

Positive Cases/Employees or Students Showing COVID-19 Symptoms:

- If anyone has a temperature of 100.4°F/38°C or higher, they must be excluded from the facility.
- If an employee exhibits signs of COVID-19 illness, they will be directed to go home or to a medical facility by the administration.
- If a participant exhibits signs of COVID-19 illness while on campus, that participant will be required to wear a face covering and isolated in a room separate from other individuals. The adult/s designated for pick up will be immediately contacted and directed to pick up the child.

Persons Who Test Positive for COVID-19 / Everyone, regardless of vaccination status, previous infection, or lack of symptoms.

- Stay home for at least 5 days after start of symptoms (Day 0) or after date of first positive test (Day 0) if no symptoms).
- Isolation can end after Day 5 if symptoms are not present or are resolving and a diagnostic specimen* collected on Day 5 or later tests negative.
- If unable to test, choosing not to test, or testing positive on Day 5 (or later), isolation can end after Day 10 if fever-free for 24 hours without the use of fever-reducing medications.
- If fever is present, isolation should be continued until 24 hours after fever resolves.
- If symptoms, other than fever, are not resolving, continue to isolate until symptoms are resolving or until after Day 10. If symptoms are severe, or if the infected person is at high risk of serious disease, or if they have questions concerning care, infected persons should contact their healthcare provider for available treatments.
- Per CDPH masking guidance, infected persons should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings (see masking section below for additional information).

*Antigen test recommended.

Physical Distancing and Face Coverings

- **Currently not required, but highly recommended (3.12.22)** Participants will be provided "mask breaks" when able to sit more than 6 feet apart.
- **Currently not required, but highly recommended (3.12.22)** Teachers and staff will wear a face mask in the classroom when physical distancing is not possible and when moving about campus.



- **Currently not required, but highly recommended (3.12.22)** Teachers and instructional staff are permitted to remove their face covering when they are instructing if physical distancing (6 feet) is being practiced.
- **Currently not required, but highly recommended (3.12.22)** Administrative staff will be directed to wear face coverings when on campus except when they are within the confines of their own office or physically distanced (6 feet) in a shared office space.

Participant Restrooms

- Appropriate handwashing protocols will be enforced regularly.

Hygiene

- New Vista Career Academy Staff will continue to ensure the development of healthy hygiene habits including, avoiding handshaking or other ‘touch’ greetings, such as fist-pumps & high-fives, avoiding face touching, and ensuring proper handwashing practices.
- Staff will explain to participants why it’s not healthy to share drinks or food, particularly when sick.
- Participants will be instructed to wash hands with soap and water for at least 20 seconds. This will include before and after eating, after coughing/sneezing, after playing outside, and before & after using the restroom.
- Participants will be reminded to use tissues to wipe their nose, and to cough into their arm or elbow as needed.

School Supplies and Personal Items

- Participants are permitted to bring a small bag or backpack for personal supplies.

Returning to Campus

- Individuals found to be positive for COVID-19 may not return to the facility for a minimum of 5 days **and** until the individual has been without symptoms for 24 hours without the administration of fever-reducing medicines and symptoms have begun to diminish. Individuals who have had contact with an individual found to be positive for COVID-19, who remain asymptomatic for 5 days after their last known exposure to the virus, may return to the site on or after day 5 with a negative rapid test (Results must be provided to the school nurse)
- Additional areas of the school visited by the COVID-19-positive individual may also need to be closed temporarily for cleaning and disinfection.

Environment and Cleaning Procedures

Facilities

- Faculty and participants will thoroughly wipe down, with soap and water or approved cleansers, all desks (teacher and student), and other surfaces multiple times during the day and before leaving each day.



Handwashing / Hand Sanitizing

- Wall-mounted hand sanitizer units are available
- Hand Sanitizer bottles are available

Transportation

- Participants may be required to use their face mask while traveling in a van or with their transportation company.

Distance Learning

- There is no virtual learning available at this time.
- Additional support can be arranged if needed.

Symptom(s)

- Whenever the term “symptom” is used, it shall mean COVID-19 symptom. People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. Anyone can have mild to severe symptoms. People with these symptoms may have COVID-19:
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea

The list above does not include all possible symptoms.